

# Kids Helpline @School

## free educational sessions



emotions &  
mental health



social skills &  
conflict resolution



resilience &  
wellbeing

Students will engage in LIVE, interactive & fun virtual classroom sessions.

Students will benefit from sessions that are tailored/personalised to their needs, and facilitated by qualified Kids Helpline counsellors.

Sessions include games, videos, scenarios and activities to enhance student learning.

All sessions are curriculum-aligned & evidence-informed.



[kidshelpline.com.au/schools](https://kidshelpline.com.au/schools)

Learn more

