

# Sibling Relationships

Sibling relationships play a significant role in shaping a child's social, emotional, and behavioural development, often influencing how they navigate peer relationships and school life.

Understanding and acknowledging the complexities of sibling relationships can help educators and families support students more effectively, particularly in areas like conflict resolution, self-esteem and emotional regulation.

Sibling relationships play a powerful role in shaping a child's social and emotional development. For parents and caregivers, understanding the dynamics between siblings is key to promoting harmony at home and fostering resilience. These relationships can be a source of lifelong friendship and support, but they can also be marked by rivalry and conflict if not guided positively. Encouraging young people to value each other's differences, communicate openly and resolve disputes respectfully, helps build strong sibling bonds. By creating a nurturing environment that avoids comparisons and recognises individual strengths, adults can help siblings grow into compassionate, cooperative and emotionally intelligent individuals.

The link below provides many valuable resources in the forms of short videos, articles, a quiz survey and fact sheets.

<https://capricorniasde.eq.schooltv.me/newsletter/sibling-relationships-au>



Sourced by: <https://schooltv.me>