



Engaging AdolescentsTM Workshops

Find an end to arguing and yelling, this workshop can help change your parenting style in simple & effective ways!

Wednesday 9.30-11.30am 8, 15, 22 October 2025.

CatholicCare, 16 Bolsover St, Rockhampton.

**Learn skills to help resolve difficult behaviour in teenagers
provided by the Family Relationship Centre at CatholicCare**

You will learn:

- Some common ground shared by parents & reasonable expectations to hold about adolescents
- New understandings of adolescents
- A three-option model & flow chart for decision-making
- Self check-in, first, for parents
- Building a relationship with your teenager and making the best of your non-crisis conversations with them

Participants will receive:

- A workbook to apply the concepts learnt to their families
- A certificate of completion

FREE

REGISTER NOW

Call 1300 783 544

**Or Scan the
QR code >**

Engaging Adolescents Parenting
Course



An Australian Government Initiative

Provided in Central Queensland by

CatholicCare